

GCSE Food Preparation & Nutrition – Year 11

Structure of the course:

Year 10 – Theory modules, mini investigations and regular food practicals. Termly tests.

Year 11 -

Term 1 NEA 1 – Food investigation (30 marks) 10 hours

Term 2 Theory lessons based on topics not covered in Year 10

Term 3 NEA 2 – Food preparation assessment (70 marks) 20 hours

Term 4 onwards – Revision for final exam

What we are currently covering

We have just completed NEA 1 investigation

1. Research (6)
2. Investigation (15)
3. Analysis and evaluation (9)

What you will have to do in Year 11

Term 3 -NEA 2 – Food preparation assessment (70 marks) 20 hours

1. Research (6)
2. Demonstrate technical skills (18)
3. Plan a final menu (8)
4. Make the final dish (**3-hour practical exam date set by school and non-negotiable**) (30)
5. Analyse and evaluate (8)

Ongoing between and after NEA completion:

- Weekly homework tasks
- Termly theory tests to recap on knowledge developed through Year 10 (including mock exams)
- Exam preparation;
 - Exam style questions
 - Technical drawing
 - Analysing and evaluating

Homework Plan

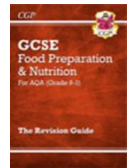
Homework tasks are given out weekly and should take an hour to complete.

Useful websites and books to help with revision

CGP - GCSE Food Preparation & Nutrition - AQA Revision Guide

Publisher: CGP

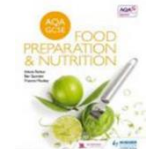
ISBN- 978 1 78294 649 6



AQA GCSE Food Preparation and Nutrition

Authors: Alexis Rickus, Bev Saunder, Yvonne Mackey
Publisher: Hodder Education

ISBN- 9781471863646_



AQA GCSE Food Preparation and Nutrition

Authors: Anita Tull, Garry Littlewood
Publisher: Illuminate

ISBN- 978-1-908682-78-9



Useful websites:

<https://www.aqa.org.uk/subjects/food/gcse/food-preparation-and-nutrition-8585>

<https://www.bbc.com/bitesize/subjects/z48jmp3>

Students are also given packs in the NEA lessons with useful website lists to support their research.

Exam/Controlled Assessment/Coursework – Important Dates

- **NEA 1 deadline:** October 2024 – Letter has been sent out to confirm this
- **Mock exam:** commence in November 2024 (specific date to be announced)
- **NEA 2:** Commence December 2023 (Specific date for 3 hour practical to be announced)
- **NEA 2 deadline:** End of March 2024